

*Mixed Green* - Fresh mixed greens mixed with tomatoes, cucumbers, purple cabbage, and carrots tossed in Italian dressing.

*Spinach & Kale* - Fresh spinach, and kale mixed with cranberries, almonds and quinoa tossed in a balsamic vinaigrette dressing.

## *Sandwiches/Wraps*

Chicken Pesto

Ham & Cheddar

Turkey & Cranberry

Roast Beef & Havarti

*Veggie* - Mixed seasonal fresh veggies with a light cream cheese.

## *Breakfast/Brunch*

*Quiche Lorraine* - Homemade flaky crust filled with ham and mixed cheese, and caramelized onions.

*Mushroom Spinach Quiche* - Homemade flaky crust filled with sautéed mushrooms spinach, and caramelized onions.

*Frittata* - Ham and cheese, or veggie, fluffy without the crust.

*Fresh Fruit* - Assortment of seasonal fruit.

*Fresh Bagels* - Assortment of bagels.

## *Drinks*

Coffee

Soft Drinks

Tea

Lemonade

Orange Juice

Water

## *Dessert*

Chocolate Chip Cookies

Flourless Chocolate Cookies

Peanut Butter Cookies

Peanut Butter Chocolate Chip Cookies

Chocolate Cupcakes

Vanilla Butter Cake Cupcakes

Custom orders available  
upon request

For pricing please email  
foodieamor@gmail.com



*Foodie Amor, Inc.*  
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(760) 214-5653

*Catering Menu*

## Appetizers:

Chicken Skewers  
Beef Skewers  
Cheese Tray  
Meat Tray  
Fruit Tray  
Bruschetta  
Goat Cheese Spread

## Entrée

**Chicken Breast** - Tender chicken breast seasoned and grilled.

**Shrimp** - Sautéed shrimp in a light butter and garlic.

**Chicken Curry** - Tender chicken breast simmered in coconut milk with fresh veggies and curry spices, with just enough kick to leave you wanting more.

**Veggie Curry** - Mixed vegetables and sweet potato simmered in a coconut milk.

**Chicken Piccata** - Thinly sliced tender chicken breast sautéed in fresh lemon, chicken broth and capers.

**Stuffed Chicken Breast** - Tender Chicken Breast stuffed with feta, spinach and sun dried tomatoes roasted with panko bread crumbs.

**Chicken Fajitas** - Thinly sliced strips of chicken breast, sautéed with peppers,

caramelized onions, fresh tomato, zucchini, seared to perfection.

**Steak Fajitas** - Thinly sliced strips of tasty steak sautéed with peppers, caramelized onions, fresh tomato, zucchini, seared to perfection.

**Mixed Meatballs** - The perfect combination of lean ground sirloin and ground turkey, with basil, spinach and rosemary, made into a tasty meatball, breadcrumbs, served with tomato basil sauce.

## Starch

Roasted Potatoes  
Sweet Potatoes  
Baked Potatoes  
Mashed Potatoes  
Potato Salad  
White Rice  
Brown Rice  
Cilantro Lime Rice  
Quinoa  
Pasta  
Chips

## Veggies

Sautéed or Steamed available

Broccoli  
Cauliflower  
Green Beans  
Seasonal Veggies  
Snap Peas  
Zucchini

## Salads

Served with or without Protein

**Asian** - Crisp romaine lettuce mixed with purple cabbage, red peppers, mandarin oranges, green onion, cilantro, topped with crispy strips, and homemade vinaigrette dressing.

**Caprese** - Fresh juicy tomato with fresh basil and mozzarella drizzled with olive oil and balsamic.

**Cobb** - Crisp romaine lettuce mixed with tomatoes, cucumbers, bacon, bleu cheese, and avocado, served with Ranch or Italian dressing.

**Cucumber Tomato** - Marinated cucumbers and tomato with light lemon dressing.

**Fresh Fruit** - Seasonal mixed fresh fruit.

**Greek** - Crisp romaine lettuce mixed with cucumber, tomato, onion, feta, Kalamata olive with a lemony Greek dressing.